

### **VISIT US AT ONE OF OUR**

## VIVA HEALTH Cafés

# The VIVA HEALTH Cafés are in Alabama neighborhoods across the state.

Attend a café event, stop by to ask a question, or get help signing up for the member portal, NationsBenefits, home delivery pharmacy, and much more.



### **HOOVER**

1550-K Montgomery Hwy. Birmingham, AL 35216

205-978-4911

### **MOBILE**

3059 Dauphin St. Mobile, AL 36606

251-380-2222

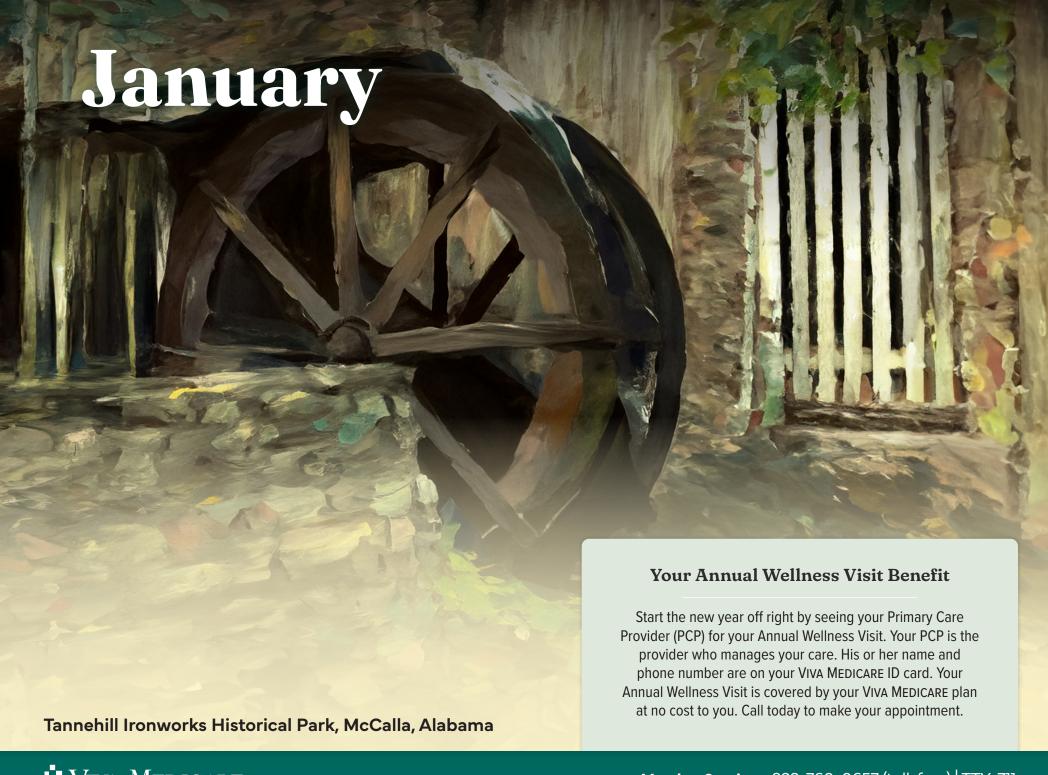
### **MONTGOMERY**

8101 Decker Lane, Ste. C Montgomery, AL 36117

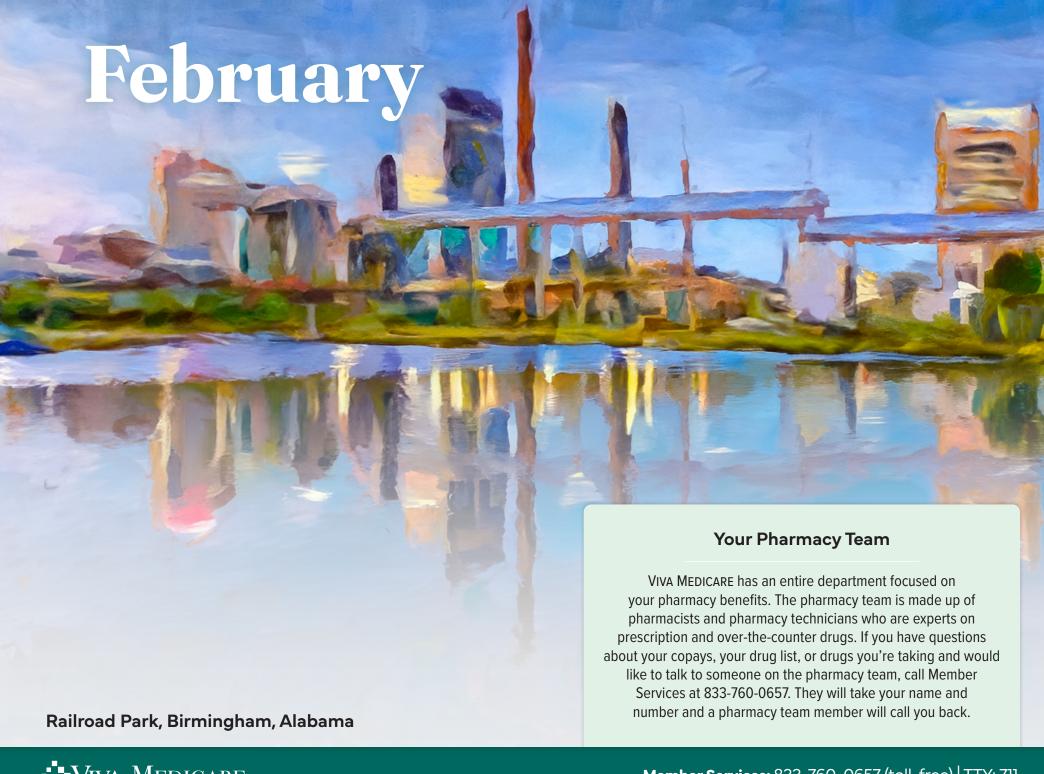
334-272-8882

Hours: Monday - Friday, 8am - 5pm

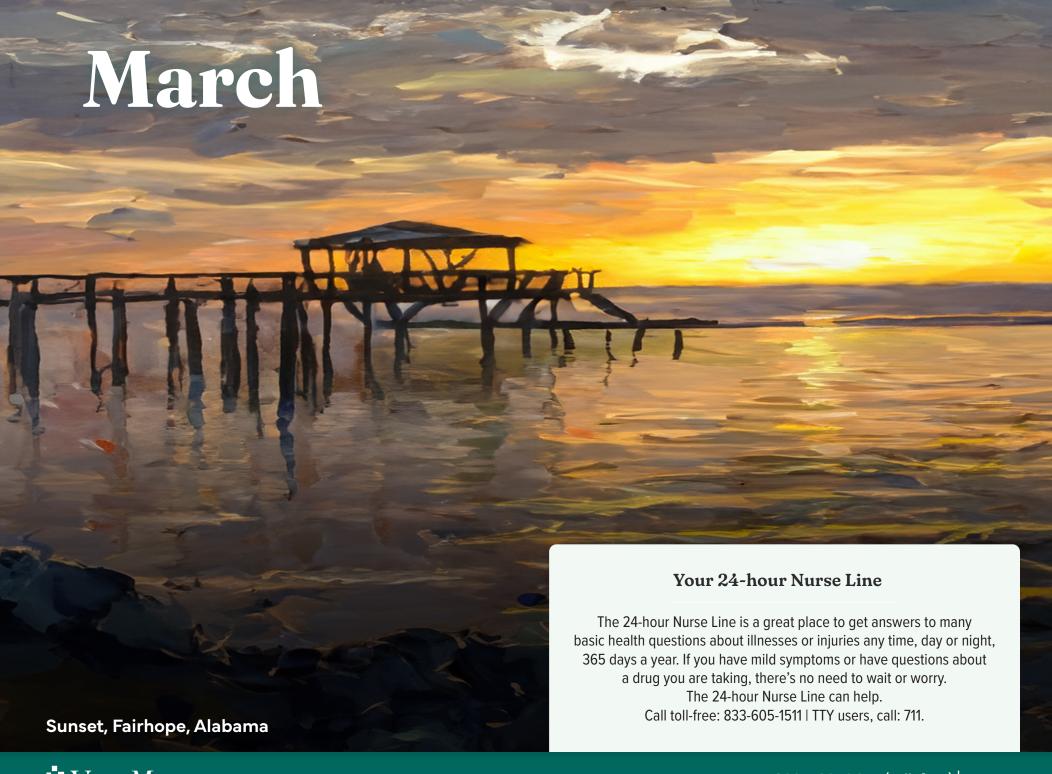
(Closed for lunch, 1pm - 2pm, except for October 1 - December 7.)



Sun	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29	30	31	New Years Day  VIVA HEALTH Offices closed	02	03	04
<b>3</b>	05	06	07	08	09	10	11
<b>②</b>	12	13	14	15	16	17	18
<b>3</b>	19	20 Martin Luther	21	22	23	24	25
		King Jr. Day  VIVA HEALTH offices closed		ARE? Join us to learn abou Montgomery Café: 10am-12pm	t your 2025 benefits. Mobile Café: 10am-12pm		
•	26	27	28	29	30	31	February  S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
Refill	your pillbox	<u>'</u>		Notes + To	Dos	<u> </u>	
		ary					



Sun	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	26	27	28	29	30	31	01
<b>②</b>	02	03	04	05	06	07	08
Groundhog	g Day						
<b>②</b>	09	10	11	12	13	14	15
			Hoover Café: 10am-12pm	Heart Health Event Montgomery Café: 10am-12pm	Mobile Café: 10am-12pm	Valentine's Day	
•	16	17 Presidents Day	18	19	20	National Caregivers Day	22
3	23	24	25	26	27	28	March
	23	2-4	23	20	21	20	S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 25 30 31
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		uary					

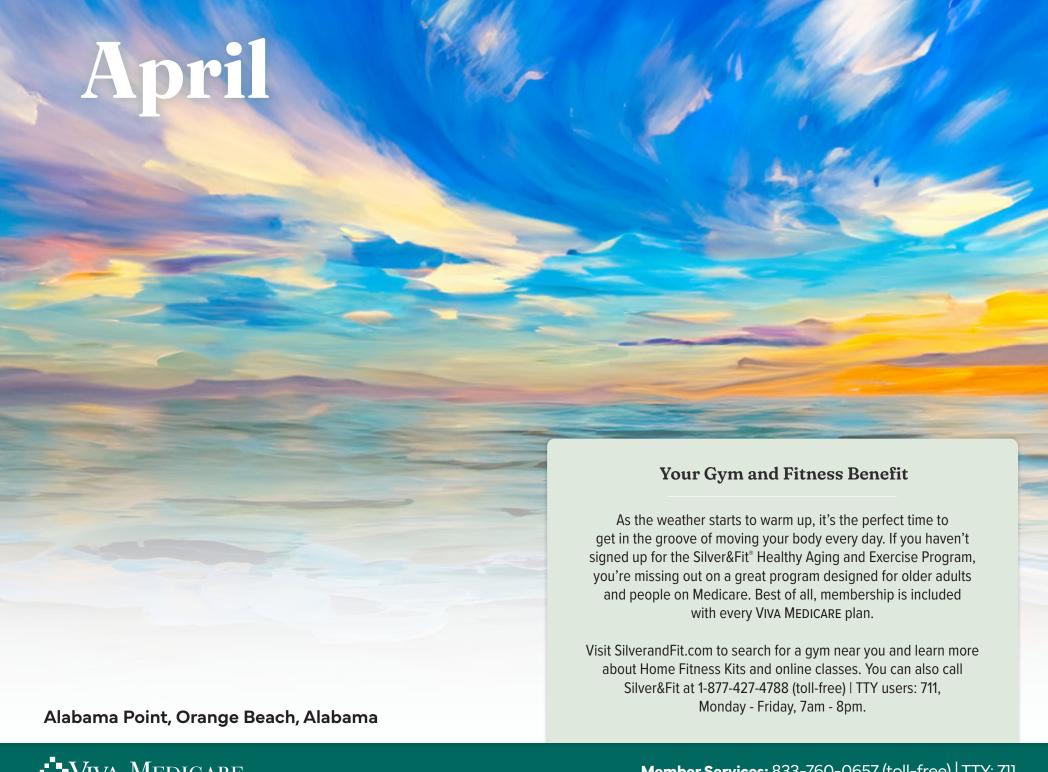


Sund	ay	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	23	24	25	26	27	28	01
<b>②</b>	02	03	04	05	06	07	08
Daylight Savir	<b>09</b>	10	11	12	13	14	15
Daylight Savir Time Begins	16	17	18	19	20	21	22
		St. Patrick's Day					
30	23	31	25	26	27	28	29
Refill you	ur pillbox		Notes + To	o Dos			April SMTWTFS

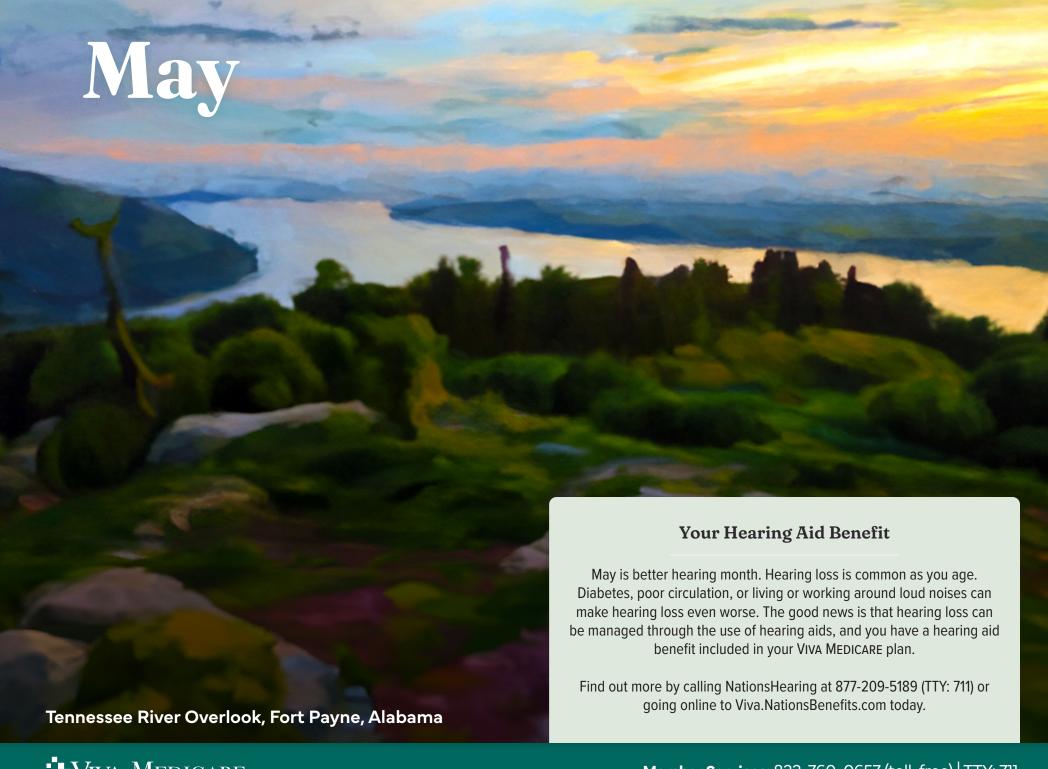
March

Notes + To Dos	

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13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30



Sun	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30	31	01	02	03	04	05
<b>③</b>	06	07	08	09	10	11	12
<b>3</b>	42	44	Hoover Café: 10am-12pm	Cybersecurity for Seniors Montgomery Café: 10am-12pm	Mobile Café: 10am-12pm	40	40
	13	14	15	16	17	18 Good Friday	19
<b>3</b>	20	21	22	23	24	<b>25</b>	26
Easter							
<b>②</b>	27	28	29	30	01	02	S M T W T F S 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
Refill	your pillbox			Notes + To	Dos		
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Sun	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	27	28	29	30	01	02	03
<b>②</b>	04	05	06	07	08	09	10
Mother's Da	<b>11</b>	12	13	14	15	16	17 Armed Forces Day
<b>3</b>	18	19	20	21	22	23	24
<b>3</b>	25	<b>26</b>	27	28	29	30	31
Refill y	your pillbox	Memorial Day  VIVA HEALTH offices closed	Notes + To	o Dos			<b>June</b> S M T W T F S 1 2 3 4 5 6 7

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29 30





Sun	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3</b>	01	02	03	04	05	06	07
<b>②</b>	08	09	10	11 Member Appreciation Ever	<b>12</b>	13	14
			Hoover Café: 10am-12pm	Montgomery Café: 10am-12pm	Mobile Café: 10am-12pm		Flag Day
•	15	16	17	18	19	20	21
Father's Day	y				Juneteenth  VIVA HEALTH offices closed		
<b>②</b>	22	23	24	25	26	27	28
<b>②</b>	29	30	01	02	03	04	July  S M T W T F S  1 2 3 4 5  6 7 8 9 10 11 12  13 14 15 16 17 18 19
Rofill y	your pillbox			Notes + To	Dos		20 21 22 23 24 25 26 27 28 29 30 31
	ne						



Sund	ay	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29	30	01	02	03	Independence Day  VIVA HEALTH offices closed	05
<b>②</b>	06	07	08	09	10	11	12
<b>②</b>	13	14	15	16	17	18	19
<b>②</b>	20	21	22	23	24	25	26
<b>3</b>	27	28	29	30	31	01	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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Refill you  Jul	ly						





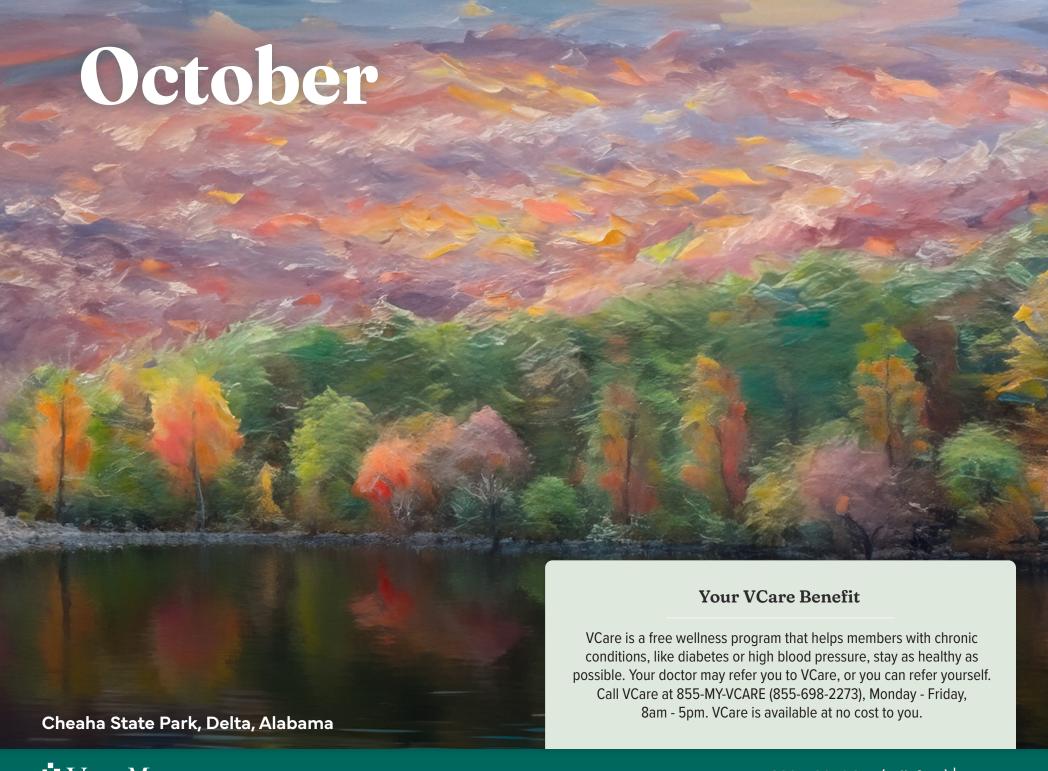
August

Notes + To Dos

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29 30



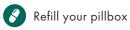
Sund	lay	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31	01	02	03	04	05	06
		Labor Day VIVA HEALTH offices closed					
<b>②</b>	07	08	09	10	11	12	13
Grandparent	s' Day				Patriot Day		
<b>③</b>	14	15	16	17	18	19	20
<b>②</b>	21	22	23	24	25	26	27
<b>②</b>	28	29	30	01	02	03	October  S M T W T F S  1 2 3 4  5 6 7 8 9 10 1  12 13 14 15 16 17 18  19 20 21 22 23 24 28
Refill yo		embe	10	Notes + To	Dos		26 27 28 29 30 31



Sun	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	28	29	30	01	02	03	04
<b>②</b>	05	06	07	08	09	10	11
				reciation Event & New Ben Montgomery Café: 10am-12pm	Mobile Café: 10am-12pm	World Mental Health Day	
<b>②</b>	12	13	14	15	16	17	18
		Columbus Day					
<b>③</b>	19	20	21	22	23	24	25
<b>3</b>	26	27	28	29	30	31	November  S M T W T F S  1 2 3 4 5 6 7 8 9 10 11 12 13 14 15
						Halloween	16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
Refill	your pillbox			Notes + To	Dos		
0	eto	ber					







# November

Notes + To Dos		

28 29 30 31



Sun	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30	01	02	03	04	05	06
<b>②</b>	07	08	09	10	11	12	13
<b>②</b>	14	15	16	17	18	19	20
<b>②</b>	21	22	23	24	25 Christmas Day	26	27
<b>②</b>	28	29	30		VIVA HEALTH offices closed  01	02	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
Refill y	your pillbox			New Year's Eve  Notes + To	o Dos	l	
		mbei	ľ				



PRSRT STD US POSTAGE PAID BIRMINGHAM, AL PERMIT NO. 2061



# Enjoy life without the worry!

VIVA MEDICARE Member Services 833-760-0657 (toll-free) | TTY: 711

Hours: Mon - Fri, 8am - 8pm (Oct 1 - Mar 31: 7 days a week, 8am - 8pm)

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